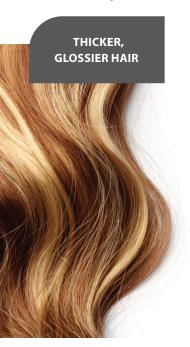


# **PERQUE®**

# Hair, Skin, & Nails Guard™









# WHY YOU NEED PERQUE HAIR, SKIN, & NAILS GUARD

Created for you by our team of advanced nutritionists, biochemists, and phylicians, **PERQUE Hair, Skin, & Nails Guard** reveals and accentuates your natural beauty. **PERQUE Hair, Skin, & Nails Guard** restores and strengthens your health from within for the fullest hair, most youthful skin and strongest nails. Feel and see the difference that maximum potency, purity and bioavailability can make. **PERQUE Hair, Skin, & Nails Guard** is the most active, complete and advanced nutrient complex to reveal your most radiant beauty.

# **KEY INGREDIENTS FOR ADVANCED NUTRIENT SUPPORT**

# Biotin

Biotin, like other B-complex vitamins, is a key ingredient in the proteins (collagen, elastin and keratin) that make up your hair, skin and nails. Each serving of **PERQUE Hair, Skin, & Nails Guard** provides a generous 2.5 mg of naturally sourced, fully-active biotin, in synergy with other key nutrients, to create the nutritional support you need for radiant hair, skin and nails. Each serving of **PERQUE Hair, Skin, & Nails Guard** helps to smooth and minimize skin lines and wrinkles; provide hair resilience, bounce and suppleness; and make hair and nails thick and strong.

#### L-Lysine and Zinc

L-lysine benefits your skin by playing a key role in elastin and collagen formation. It helps prevent wrinkles and repairs damage to your skin. Each serving of **PERQUE Hair, Skin, & Nails Guard** provides 200 mg of L-lysine, in combination with complementary nutrients—most importantly, zinc. Zinc, in tandem with L-lysine, combats acne and repairs and renews your skin to reveal a fresher complexion.

#### **ADDITIONAL 100% ALL-ACTIVE INGREDIENT FEATURES**

• Calcium and vitamin D support, to ensure well-balanced nutrition as the foundation for healthy hair, skin and nails.



- Vitamins K1 and K2 to strengthen bones, and benefit all solid structures - tendons, ligaments, hair, nails and teeth.
- 200 mg of vitamin C to help build collagen and provide essential antioxidant support. Antioxidants fight damage already done to skin.
- Comprehensive trace mineral support, including silica, chromium, manganese, iodine, selenium and zinc; trace minerals support general well being and the healthy appearance of hair, skin and nails.
- Silica is vital to collagen formation, and ensuring hair, skin and nails receive proper nutrient support.
- Copper helps to form strong, flexible connective tissues, and strong muscles, nerves and immune system.
- 100 mcg of **iodine** to fortify integumentary tissues weakened by hypothyroidism (underactive thyroid).

#### **REFERENCES**

- 1. Cashman MW, Sloan SB. Nutrition and nail disease. Clin Dermatol, 2010 Jul-Aug;28(4):420-5.
- 2. Scheinfeld N, Dahdah MJ, Scher R. Vitamins and minerals: their role in nail health and disease. J Drugs Dermatol. 2007 Aug;6(8):782-7.
- 3. Singh BB, Udani J, Vinjamury SP, Der-Martirosian C, Gandhi S. Safety and effectiveness of an L-lysine, zinc, and herbalbased product on the treatment of facial and circumpolar Herpes. Altern Med Rev. 2005.

Full disclosure label (no hidden or inactive ingredients)

**Directions**: As a dietary supplement, take four (4) tabsules in divided doses with meals or as directed by your health professional.

SUPPLEMENT FACTS Serving size: 4 Tabsules Servings per container: 30		
Energized Nutrients	Amount per serving	% Daily Value
Vitamin C (100% I-ascorbate, fully reduced, corn free) Vitamin D3 (as cholecalciferol) Vitamin K-1 (as phylloquinone) Biotin Calcium (as acetate, glycinate, succinate, malate, fumarate and citrate)	200 mg. 10 mcg. 750 mcg. 2.5 mg. 250 mg.	222 50 625 8,333 19
Magnesium (as acetate, glycinate, succinate, malate, fumarate and citrate) Zinc (as citrate) Manganese (as citrate) Chromium (as citrate) Selenium (as I-selenomethionine) Copper (as sebecate) lodine lodide (as potassium iodide)	500 mg.  10 mg. 11 mg. 50 mcg. 250 mcg. 1 mg. 100 mcg. 150 mcg.	91 478 143 455 111 67
Vitamin K-2 (as MK-7) Strontium (as citrate) Boron (as citrate) Vanadium (as citrate) Silica (from Magnesium trisilicate from horse tail/Equisetum) L-lysine C16 and C18 alkyls† Croscarmellose	250 mcg. 50 mg. 6 mg. 50 mcg. 10 mg. 200 mg. 360 mg. 200 mg.	* * * * * * *
<sup>†</sup> From whole untreated palm fruit and leaf *Daily value not established		

Other Ingredients: None

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#### THE PERQUE GUARANTEE

Like every other PERQUE product, PERQUE Hair, Skin, & Nails Guard comes with a 100%, unconditional, money-back guarantee the strongest guarantee in the natural health industry. This unique guarantee provides the assurance that:

- Every **PERQUE** product provides 100% potency and activity for its entire shelf life.
   Every ingredient used in a **PERQUE** product is pharmaceutical-grade or better.
- All PERQUE products dissolve rapidly (usually within 20 minutes), eliminating digestive irritation often found with other brands.
   Full label disclosure is provided for all PERQUE products no hidden ingredients.
- Every PERQUE product is activated with the same transporters that are used by nature and in food to ensure full bioavailability. The biologically preferred form of an ingredient is always used for enhanced activity.
- · Free of citrus, MSG, wheat/gluten, corn/zein/starch, dairy/casein/whey/milk derivatives, yeast, soy, sulfate, phosphates (other than coenzymes), and preservatives.
- No genetically modified organisms (GMOs).
- Unique post-production assays and clinical bioassays assure product integrity.

# YOUR QUALITY ASSURANCE

Every PERQUE product is produced following or exceeding the FDA's pharmaceutical GMP (Good Manufacturing Practices) regulations.

