

PERQUE CD LIST
Asthma & Allergy Awareness
Enhanced Outcomes of Chronic Fatigue & Fibromyalgia
Men's Health Update
IBS & Digestive Wellness
Cardiovascular Health
Weight Management
Restoring Digestive Competence with Probiotics
Joint Health
Bone Health
Seasonal Health
Liver Health
Diabetes Health
Iron Health
Overall Health
Regularity Guard
Prostate Health: Nutrition Fundamentals
Use of 8 Safer Prostate Repair Components for Better Outcomes
Pesticides & Biocides : Nutrition Fundamentals
Vessel Health Guard
Toxic Minerals: Immunoreactivity & Immunotoxicity
Immune System Competency/Incompetency
Digestive Health
Better Detoxification of Xenoestrogens (Pseudoestrogens) from the Environment
How to Use Coenzyme Q 10-/Tocopherol/Rice Bran Oil combinations for Better Results
Use of Type II Collagen and Cartilage Synthesis Enhancers for Better Joint Health
Basic Immune Defense & Repair Mechanisms
Mitochondrial Functions
Antibody Functions
Thyroiditis
Migraine: Integrative Care
Diabetes & Insulin Resistance: Integrative Care
Determining Ascorbate Need in Practice
Healthy Mind & Mood
Male and Female Menopause
Arthritis: Integrative Care
Staying Healthy in a Toxic World
Managing Psoriasis
Managing Eczema
Managing Asthma
Managing Anti-cardiolipin Autoimmune Syndromes
Managing Lupus (SLE)
Managing Glomerulonephritis
Managing Toxic Mineral Hypersensitivity
How We Become Allergic
The Magnesium Story - an interview with Dr. Russell Jaffe with Liz Lipski
Managing Autoimmune Polyendocrinopathy Syndromes
Use of Methionine, Glycine, and Magnesium Aspartate in Mood Mgmt
Relationship Between Autoimmune Disease & Immune System Burdens/Repair Deficits in the Human Body
Determining Buffering Mineral Needs in Practice Overcoming Magnesium Uptake Block
Restoring Tolerance and Homeostasis in Immune Control System Mechanisms
Energy Health
Eye Health