



PROMOTES LIVER HEALTH
OVER 200 PEER-REVIEWED STUDIES

PERQUE LIVA GUARD™:

VITAL ORGAN PROTECTION FOR A VITAL ORGAN

LIVA GUARD



WHY YOU NEED LIVA GUARD

In today's toxic world, the human liver is too often on overload. **PERQUE Liva Guard**—a unique, liver-protective formula—offers unparalleled benefit.*

The liver helps clear out bacteria and other toxins absorbed from the gut. It also cleans out pollutants, hormones, fungus, and other wastes from the blood.*

The liver can become overwhelmed by an excessive workload. Besides coping with environmental toxins, the liver has to detoxify and metabolize supplemental hormones, medications, food additives, "bad" fats, alcohol, and caffeine.*

Signs of liver overload include:

- 1) **Fatigue,**
- 2) **Pressure headaches,**
- 3) **Chronic allergies,**
- 4) **Chemical sensitivities,**
- 5) **Neurological dysfunction, or**
- 6) **Skin problems, such as eczema and psoriasis.***

PERQUE Liva Guard lightens the burden and strengthens the liver by providing the following six unique features:

- 1) **Five carotenoids**—each with a distinct benefit for the liver.*
- 2) A full **200 mg. of high-purity, bioactive (88.5%+) silymarin** (milk thistle), a liver-protective herb.*
- 3) **Mixed, natural forms of vitamin E and Coenzyme Q10** stimulate energy production and cell renewal, while protecting cells from free radical damage.*
- 4) **L-methionine** and 99% reduced **glutathione**—potent, natural detoxifiers.*
- 5) A **vegetarian, hypoallergenic formula**. It contains no contaminants, such as fillers, binders, or excipients.*
- 6) The unique combination of the forms of nutritives in **PERQUE Liva Guard** delivers synergistic benefits.*

LIVA GUARD IS FOR

anyone who:

- 1) **Smokes or drinks alcohol;**
- 2) **Fatigues easily;**
- 3) **Has a chronic viral infection;**
- 4) **Is exposed to radiation and/or environmental toxins where he or she lives or works.***





TWO PERQUE CAPSULES PROVIDE:



Energized Nutrients

Silymarin	200 mg.
(88.5% flavonoids; 50% silybin beta)	
Glutathione (99% reduced)	60 mg.
Carotenoids	22.5 mg.
(mixed natural from D. Salina)	
Beta-carotene	15.3 mg.
Alpha-carotene	4,500 mcg
Zeaxanthin	900 mcg
Cryptoxanthin	1,100 mcg
Lutein	700 mcg
Vitamins E	150 IU
(from mixed natural tocopherols) [¥]	

Zinc (as citrate)	10 mg.
Selenium (as l-selenomethione)	50 mcg
Pure Coenzyme Q10	5 mg.
(soluble ubiquinone)	
L-methionine (free)	40 mg.
Magnesium (as C16 and C18 alkyls)	7 mg.
(from whole, untreated palm fruit and leaf)	
Vegetable fiber	222 mg.
(organic croscarmellose)	
Kosher gelatin capsules	234 mg.

[¥]Vitamins E is stated to reinforce the fact that **PERQUE** uses the alpha, beta, gamma, and delta forms of the natural tocopherols.

Typical Dosage

As a dietary supplement, take two (2) to six (6) capsules daily or as directed by your health professional.

Available in bottles of 60 and 120 capsules.

THE PERQUE GUARANTEE

Like every other **PERQUE** product, **Liva Guard** comes with a 100%, unconditional, money-back guarantee—the strongest guarantee in the natural health industry. This unique guarantee provides the assurance that:

- Every **PERQUE** product provides 100% potency and activity for its entire shelf life.
- Every ingredient used in a **PERQUE** product is pharmaceutical-grade or better.
- Full label disclosure is provided for all **PERQUE** products—no hidden ingredients.
- Every **PERQUE** product is activated with the same transporters that are used by nature and in food to ensure full bioavailability. The biologically preferred form of an ingredient is always used for enhanced activity.
- Free of citrus, MSG, wheat/gluten, corn/zein/starch, dairy/casein/whey/milk derivatives, sulfate, yeast, soy, phosphates (other than coenzymes), and preservatives.
- No genetically modified organisms (GMOs).
- 100% vegetarian formula.
- Unique post-production assays and clinical bioassays assure product integrity.

YOUR QUALITY ASSURANCE

Every **PERQUE** product is produced following or exceeding the FDA's pharmaceutical GMP (Good Manufacturing Practices) regulations.

SILYMARIN (MILK THISTLE): HERBAL DETOXIFIER

Certain plants provide powerful support for the liver. One of the most well-known herbal extracts is milk thistle. More than 200 studies and reports on milk thistle involving over 5,000 patients have been published.

Research shows that certain compounds in milk thistle help protect the liver from the damage of alcohol and hepatitis.*

Silymarin, a key compound in milk thistle, demonstrates powerful antioxidant activity. It effectively neutralizes destructive free radicals before they can harm healthy cells. Silymarin has also been shown to increase levels of glutathione—an important antioxidant—by as much as 50%.*

The Commission E is Germany's equivalent to the Food and Drug Administration (FDA) in the United States. It approves milk thistle as supportive treatment for cirrhosis and chronic inflammatory liver conditions.*

1. Valenzuela A, Aspillaga M, et al: Selectivity of silymarin on the increase of the glutathione content in different tissues of the rat. *Planta Med* 1989; 55: 42.
2. Saller R, Meier R, Brignoli R. The use of silymarin in the treatment of liver diseases. *Drugs* 2001; 61(14):2035-63.
3. Pradhan SC, Girish C. Hepatoprotective herbal drug, silymarin from experimental pharmacology to clinical medicine. *Indian J Med Res* 2006 Nov; 124(5):491-504.
4. Agarwal R, Agarwal C, Ichikawa H, Singh RP, Aggarwal BB. Anticancer potential of silymarin: from bench to bed side. *Anticancer Res* 2006 Nov-Dec; 26(6B): 4457-98.
5. Chiu CJ, Taylor A. Nutritional antioxidants and age-related cataract and maculopathy. *Exp Eye Res* 2007 Feb; 84(2):229-45. Epub 2006 Jul 31.

PERQUE



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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.