



PERQUE

BONE GUARD FORTÉ 20™:

COMPLETE BONE HEALTH*
BONE DENSITY INCREASE*
NOW WITH 20 ACTIVE MINERALS

ULTIMATE BONE PROTECTION PLUS

WHY YOU NEED

BONE GUARD FORTÉ 20

PERQUE Bone Guard Forté 20, an exclusive nutritional formula, provides 20 uniquely balanced, energized, and alkalizing bone builders.* It is also your most complete, fully active, comprehensive mineral supplement.*

The **National Osteoporosis Foundation** predicts that by 2010, about **12 million people** over the age of 50 are expected to have osteoporosis and another 40 million to have low bone mass. By 2020, it is expected to increase to **14 million cases of osteoporosis** and over 47 million cases of low bone mass.*

Consider the following avoidable outcomes:

- **One in three women over age 50 will develop osteoporosis.***
- **One in eight men will develop an osteoporosis-related fracture.***

Lifestyle factors, such as smoking, diet, and exercise, affect bone health and may lead to osteoporosis.*

BONE GUARD FORTÉ 20 SUPERIORITY

PERQUE Bone Guard Forté 20 provides 20 fully potent, transporter-energized, bioactive, bone-building nutrients in forms the body can fully use.* Consider the following:

- **Calcium** is one of the most clinically studied nutrients for bone health. **PERQUE Bone Guard Forté 20** provides **six distinct, fully soluble, completely ionized forms of calcium** for maximum benefit.*

- **Magnesium** deficiencies are a major reason for calcium and bone loss and may contribute to brittle bones.* **PERQUE Bone Guard Forté 20** contains **500 mg. of magnesium in five fully soluble, completely ionized forms for optimal action.***

- **Boron** plays an important role in calcium and magnesium metabolism. It also works with **vitamin D-3** to boost the body's uptake of calcium.*

- **Zinc** promotes bone mass by influencing hormonal action.*

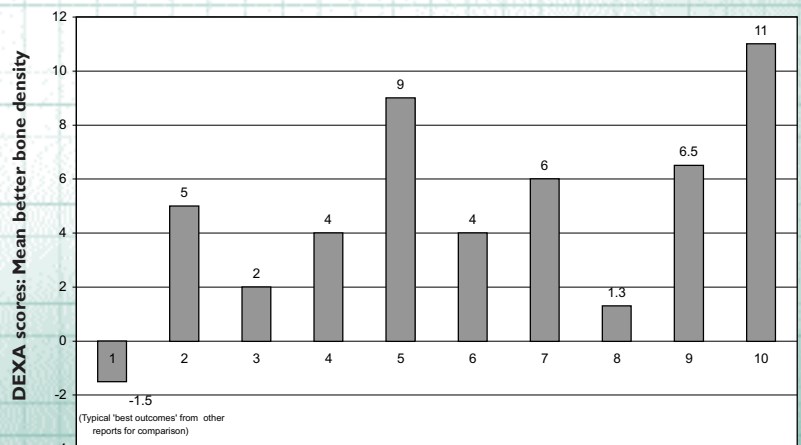
- **Strontium** improves bone mineral density.
- **Vitamin K1 and K2** have been shown to reduce the incidence of fractures.

- Now with **biotin** and **iodine** in addition to **selenomethionine, chromium citrate** and **vanadium ascorbate**, **PERQUE Bone Guard Forté 20** is an even more complete mineral and enhanced bone support formulation. **This vegetarian, allergen-free formula provides a unique, complete, better bone-building agent.** Each ingredient is 100% soluble, ionized, and fully bioactive.*

BONE GUARD FORTÉ 20



DEXA Scores: PERQUE Bone Guard Forté & the Alkaline Way Enhances Bone Density in Just Two Years



Better Bone Density in Alkaline Way / PERQUE Bone Guard Forté Users



FOUR PERQUE TABSULES PROVIDE:



20 Energized, Bone-building Elemental Minerals and Nutrients**

Vitamin C (100% l-ascorbate, fully reduced, com free)	200 mg.
Vitamin D-3 (as 1,25 dihydroxycholecalciferol)	400 IU
Vitamin K-1 (as phyloquinone)	750 mcg
Vitamin K-2	250 mcg
Biotin	250 mcg
Calcium	500 mg.
(as acetate, glycinate, succinate, malate, fumarate, and citrate)	
Magnesium	500 mg.
(as acetate, glycinate, malate, fumarate, and citrate)	
Boron (as citrate)	6 mg.
Germanium sesquioxide	4 mg.

Zinc (as citrate)	10 mg.
Manganese (as citrate)	15 mg.
Chromium (as citrate)	250 mcg
Vanadium (as ascorbate)	250 mcg
Selenium (as 100% l-selenomethionine)	250 mcg
Copper (as sebecate)	1 mg.
Silica	10 mg.
(from magnesium trisilicate from horse tail/equisetum)	
Iodine	3 mg.
Iodide (as potassium iodide)	150 mcg
Strontium (as gluconate)	50 mg.
Vegetable fiber (organic croscarmellose)	400 mg.

**All forms of the above minerals and nutrients are used in clinical bone studies with proven results.

Typical Dosage

Healthy bone maintenance..... **2-4 tabsules/day**
Family or personal osteoporosis risk... **4-6 tabsules/day**
Repair or known osteoporosis..... **6-8 tabsules/day**

Available in bottles of 100 and 240 tabsules.

THE PERQUE GUARANTEE

Like every other **PERQUE** product, **Bone Guard Forté 20** comes with a 100%, unconditional, money-back guarantee—the strongest guarantee in the natural health industry. This unique guarantee provides the assurance that:

- If your patients' bone health, as measured by DEXA or equivalent bone density assessment, does not improve after two years of using **PERQUE Bone Guard Forté 20**, we will refund your money. Builds your bones or your money back. ^
- Every **PERQUE** product provides 100% potency and activity for its entire shelf life.
- Every ingredient used in a **PERQUE** product is pharmaceutical-grade or better.
- Full label disclosure is provided for all **PERQUE** products—no hidden ingredients.
- Every **PERQUE** product is activated with the same transporters that are used by nature and in food to ensure full bioavailability. The biologically preferred form of an ingredient is always used for enhanced activity.
- Free of citrus, MSG, wheat/gluten, corn/zein/starch, dairy/casein/whey/milk derivatives, sulfate, yeast, soy, phosphates (other than coenzymes), and preservatives.
- No genetically modified organisms (GMOs).
- 100% vegetarian formula.
- Unique post-production assays and clinical bioassays assure product integrity.

YOUR QUALITY ASSURANCE

Every **PERQUE** product is produced following or exceeding the FDA's pharmaceutical GMP (Good Manufacturing Practices) regulations.

IMPROVE BONE HEALTH

Just as specific dietary and lifestyle factors promote bone health and protect against osteoporosis, other factors can also increase loss of bone mass, including:

• **Sodium** pulls large amounts of calcium into the kidneys, where it is subsequently excreted through the urinary tract.*

• **Protein**, in excess of 60 grams per day, promotes the loss of calcium and other vital minerals through the urine.*

• **Caffeine**-containing drinks have been found to trigger the loss of calcium through the kidneys and intestines.* Research indicates that a lifetime daily consumption of two or more cups of caffeinated coffee or soda is linked with a reduction in bone density.* The more of these beverages one ingests, the greater the loss.*

• **Alcohol and tobacco** can also damage the bones.* Heavy drinkers appear to be at higher risk of osteoporosis; they are also more susceptible to falls and other accidents.* Heavy smokers typically have less bone density than non-smokers.*

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^In order to qualify for the money-back guarantee, you must keep a log measuring your first morning pH and take enough **PERQUE Bone Guard Forté 20** to keep your first morning pH in the 6.5-7.5 range.

If you have difficulty reaching the specified pH range, add **PERQUE Magnesium Plus Guard** and **PERQUE Choline Citrate** to your supplement program.

PERQUIT:



PERQUE LLC

Phone: 800-525-7372 • Fax: 703-450-2995

Email: clientservices2@PERQUE.com

www.PERQUE.com • www.PERQUE.org

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.