



DR. JAFFE'S Clinical Pearls

Guidance about safer, effective ways to feel and function better.

L-Carnitine for Vitality! PERQUE MDP Guard for Transport-Enhanced, 100% Bioavailable L-Carnitine!



Vitality in a bottle!
[PERQUE MDP Guard](#)



Visit Our Website

PERQUE



GUARD YOUR HEALTH

If you want enhanced vitality for your active lifestyle, especially as you age, Dr. Jaffe recommends [PERQUE MetaboLipid D-Tox Plus Guard \(MDP\)](#), a high potency formula delivering 100% bioavailability through the use of micellized L-carnitine in a unique softgel. Adequate cell energy is necessary for full vitality. **PERQUE MDP Guard** is one of the keys to robust cell energy.

Study Shows L-Carnitine is an Important Contributor to Cellular Energy Metabolism

The benefits of carnitine for extending life-span has recently been reconfirmed in a well done European study. Centenarians are characterized by weakness, decreasing mental health, impaired mobility, and poor endurance. L-Carnitine is an important contributor to cellular energy metabolism. This study suggests that supplementation with the amino acid L-carnitine improves cognitive function and reduces fatigue in seniors.



Method: RCT on 66 centenarians (>100 years) who were suffering from fatigue after even slight physical activity. They were randomized to either placebo or carnitine (l-carnitine, levocarnitine 2 gm/day orally) for 6 months and followed up for a further 6 months.

Results: Statistically significant improvements in the active treatment group in relation to mental and physical fatigue (both $p < 0.001$) and walking distance ($p < 0.001$), and these were associated with an increase in lean mass ($p < 0.01$).

**Dr. Jaffe's Clinical
Pearls' Archive**

[#1 Vitamin D is called
the Sunshine Vitamin
for a Reason](#)

[#2 The Many Health
Benefits of Omega-3
Fatty Acids](#)

The PERQUE Promise

PERQUE is premium professional, quality-driven, nutritional company based on the principle of Physiology First the Alkaline Way

PERQUE products are Fully Bioavailable - the purest, most hypo-allergenic pharmaceutical grade, or better, ingredients plus needed co-factors and transporters used by nature and in food.

PERQUE product labels are Full Disclosure - no hidden ingredients.

PERQUE products come with a 100% unconditional money-back guarantee - the strongest in the natural health industry.

PERQUE products provide 100% potency and activity for entire shelf life.

PERQUE products are produced following or exceeding FDA pharmaceutical cGMP regulations.

PERQUE products contain no GMOs.

PERQUE uses 3rd party post- production assays and clinical bio- assays to assure product integrity.

Source: Malaguarnera M. et al. L-Carnitine treatment reduces severity of physical and mental fatigue and increases cognitive functions in centenarians: a randomized and controlled clinical trial. Am J Clin Nutr. 2007 Dec;86(6):1738-1744.

*Tip from Dr. Jaffe: According to suppliers of carnitine, in tablets and capsules, only ~20% of the label value is taken up. This limitation in uptake from both capsules and tablets has been overcome by **PERQUE** in its **PERQUE MDP Guard**. **PERQUE MDP Guard** uses micellized L-carnitine in a unique softgel delivering 100% of label value as transport enhanced bioavailable L-carnitine plus the synergistic nutritives included in the **PERQUE** formula (patents pending).*

***PERQUE MDP Guard** is a first line, comprehensive care component of any program to deal with physical and/or mental fatigue. Call **PERQUE Client Services** at 1-800-525-7372 to order **PERQUE MDP Guard** now.

Sincerely,

PERQUE



[Client Services](#)

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

PERQUE Life Guard

Buy 5 **PERQUE Life Guard**
get 1 free –OR- Buy 10 get 2 free

PERQUE Whey Guard™ Introductory Offer
is being extended through August

Buy 1 Case (4 tubs) - Get 7 Single Serving Pouches
Free. (same flavor).

Call Client Services for details on both of these
specials. (800)525-7372.

Offer Expires: August 31, 2010

PERQUE is re-thinking every category & product for safer more effective results